

Seminar for Nominated Cross-Country World Cup Technical Delegates

**ICR Cross-Country
edition 2008**

What's new?

303.1 Members of the Jury

303.1.1 For all Olympic Winter Games (OWG) and World Ski Championships (WSC) the following will serve in the Jury

- the TD, who is chair of the Jury
- the Assistant TD
- the Chief of Competition
- two other foreign members appointed by the FIS.

They are appointed by the FIS Council on proposal by the CCC.

FIS RD is no longer jury member!

303.1.2 Jury for WC and JWSC

For WC and JWSC the Jury will consist of the following

- the TD, who is chair of the Jury and carries the deciding vote
- the Assistant TD (**appointed by FIS**)
- the Chief of Competition
- the National TD Assistant (appointed by the host NSA) in cooperation with the regional TD coordinator)
- **FIS RD no longer jury member!**

303.1.3 Jury for COC and FIS competitions



For COC and FIS competitions the Jury will consist of the following

- the TD, who is chair of the Jury
- the Chief of Competition
- the National TD Assistant (appointed by the host NSA)

306.1 The main duties of RD



- to represent the interests of the International Ski Federation
- to schedule and conduct inspections of the OWG, WSC ,WC, JWSC sites
- to ensure that the FIS Hosting Agreement is signed between FIS, the NSA and the LO/OC
- to oversee that all aspects of the organizer's contract are correctly fulfilled
- to monitor the proper operation of the event according to the regulations and guidelines of FIS and to report issues to the FIS Sub-Committees as necessary
- to provide coordination and support to all Jury members by providing information and advice
- to manage and collaborate with FIS Cross-Country Marketing aspects
- to be the main representative from FIS who will interface with the Host Broadcaster and determine specific race schedules and contingencies.

311.1 Table for Distances and Course Lengths



- **Individual Sprint competitions:**
 - Men: 1.0 – 1.8 km C/F**
 - Women: 0.8 – 1.4 km C/F**
- **Team Sprint competitions**
 - Men 1.0 – 1.8 km C/F**
 - Women 0.8 – 1.4 km C/F**

312.1.5 Separate track for officials and spectators



- A separate track along the side of the competition course should be available for officials and spectators.

313 The Homologation



- **313.1 Norms for Courses**
- **313.1.1 Height Difference (HD)**
- 0.4 – 1.8 km Sprint 50m
- **313.1.2 Maximum Climb (MC)**
- 0.4 - 1.8 km Sprint free 0-30 m
- 0.4 – 1.8 km Sprint classical 10 – 30 m,
(average gradient 12 – 18 %)
- **313.1.3 Total Climb (TC)**
- 0.4 – 1.8 km Sprint free 0 – 60
- 0.4 – 1.8 km Sprint classical 20 – 60 m
- **313.1.4 Width of Courses:**
- D Same as C + Relay BOTH techniques, Mass Start FREE technique, Sprint FREE technique (normal width in uphill is 9 m)
- Pursuit competitions: Two courses category C and D or one course with a minimum width in uphills 12 m.

313.2 Norms for Course Profiles



- **See Homologation Manual**

available on FIS Website :

<http://www.fis-ski.com/uk/disciplines/cross-country-rules/cross-country-rules/homologations.html>

- **333.1 Official FIS entry forms** must be sent by the Organiser to all relevant Nations in an electronic or paper form. As a minimum, the required data fields shown in the Official FIS Entry Form must be included. An **online registration process** should also be provided; this method also must include all required data fields.
- **For WC** this entry process must include the **required information for all competitors within the defined quota** and as well for any **additional Nations' quota** that has been determined by the FIS Cross Country Committee.

333.2 Receiving Official Entry Information for a Specific Competition



- 333.2.1 Official entries and grouping information (when required) must be received and checked by the competition secretary two hours before the Team Captains' meeting.
- 333.2.2 If grouping will be used to determine the starting order, then the competition secretary will use the order of the written entry to assign the competitors into groups unless other specific instructions are provided.
- 333.2.3 The starting order will be determined so that the competitor with the best points will have the most advantageous start position. For this purpose, the Competition Secretary will be required to compile the current point values for each competitor within the valid points list as per defined in Article 334.
- 333.2.4 At the OWG, WSC and WC the Team Captains for competitors in the Seeded Group must attend a meeting with the TD at least three hours before the Team Captains' meeting in order to give their recommendations regarding the starting position of the Seeded Group.

333.4 Using a Points System to Determine the Starting Order



Wording : **Seeded Group** - Red Group

- **No longer national Group but additional quota**
- **333.3 when grouping system is used , “ The normal starting order of the groups will be I, II, III,IV. No “National Group”**

- 340.1.2 In all competitions poles may be changed. Skis may be changed only if:
 - 1. The skis or bindings are broken or damaged. The equipment failure must be proven to the Jury after the competition.
 - 2. Equipment exchange boxes are in place at the competition.
- In the case of any ski exchange, the competitor must do it outside of the track without help from any other people.
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- Waxing, scraping or cleaning of the competitor's skis during the competition are forbidden. Exception: In classical technique competitors may scrape their skis to remove snow and ice, and add wax if necessary. Competitors can only be handed tools and materials that are available in retail stores (wax, scrapers, corks). The competitor must do this outside of the track without help from any other people.

- 340.1.5 For OWG, WSC and WC, in Pursuit competitions, Mass start, Team Sprint and Relay competitions, competitors or teams, who are lapped, must abandon the competition.
- **In all competitions** the competitors or teams will be ranked in the final results (no time) according to their last position when on the course.

- **same procedure** should be followed **in all mass start formats** used in relays, pursuits and team sprints.
- **“one minute to start warning”**
- **“30 seconds to start”**
- **start command or signal**

351.5 False Start Consequences



- For competitions using interval starts or pursuit starts (Pursuit with a break) any competitor who makes a false start will not be recalled to the start line by a race official or Jury Member. These false start infractions must be reported to the Jury and the Jury will decide on the appropriate sanction.
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360 Individual Sprint Competitions



- False starts may be declared by the starter due to an error by a competitor or due to a mechanical failure of the start gate.
- Finish corridors should be a minimum of 50 m.

361 Team Sprint Competitions



- 361.2.1 The number of teams in one semi-final heat should not exceed 15 and the number of teams in the final should not exceed 10.
- Normally 2 semi-final heats will be used to select the teams for the final in a team sprint competition. The composition of the semi-final heats and the final is in accordance with the guidelines and principles for sprint competitions. Refer to the FIS Website for WC examples. The advancement of teams from the semi-final heats to the finals is done according to the following principles:
- If the semi-final heats are not timed, the top 5 teams from each of the 2 semi-final heats will advance. When the heats are timed, then the top 3 teams from each heat will advance and the next 4 fastest teams from the 4th-7th ranked teams will advance.

- **364.2.2 The starting order is according FIS Distance points or WC points**

- 364.4.3 Overtaking along the access corridors to the boxes is only allowed on the side that is farthest from the boxes.**

- The Jury must also take into account the level of the competition and the age of the competitors. Examples that can lead to a disqualification.

- **Submission**
- All evidence must be in writing to be substantiated. Proof and evidence are to be included. Evidence submitted too late must be declined by the FIS. (See 225.3). **In order to file an appeal it must be accompanied with a deposit of CHF 500, which will be refunded if the appeal is upheld.**
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THANK YOU !